

The Relationship between Personality Traits and Marital Quality in Married Couples in Turkey

Zafer Cirhinlioglu¹, Yeliz Kindap Tepe² and Fatma Gul Cirhinlioglu³

¹*Cumhuriyet University, Faculty of Literature, Sociology Department, Sivas, Turkey*

²*Cumhuriyet University, Faculty of Literature, Psychology Department, Sivas, Turkey*

³*Near East University, Faculty of Arts and Sciences, Psychology Department, Nicosia, TRNC Mersin 10, Turkey*

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ABSTRACT The personality traits of each partner have an effect on marital quality. Research studies of this nature carried out in Turkey are quite limited in number. Therefore, this study focused on the relationship between the personality traits and marital quality in married couples. Four hundred eighty-eight couples that lived in different cities in Turkey took part in the research. The level of marital quality of men was higher than that of women, while agreeableness and neuroticism were higher in women than in men. Marriage duration and neuroticism of women negatively, and educational level positively predicted marital quality. Openness to expressions of men positively predicted marital quality, while neuroticism of them negatively predicted it. Personality traits of men were not predictors of the marital quality of women while personality traits of women were not predictors of marital quality of men.